

**Change Your Words, Change Your World!**  
**God's Commandments: Life Navigational Beacons Part 2**  
**Episode #245**

Tuesday, January 20, 2026

**#God #Faith #Freedom #Jesus**  
**Exodus 20:12-14**

No God's before me. 2. Do not worship any false Idols 3. Do not use the name of the Lord in vain. 4. Honor the Sabbath and keep it holy.

The commandments given by God are more than just rules—they were given to direct us, correct us, and protect us every day.

God is always very clear when He communicates. His commandments are very simple.

We all have a choice. Sadly, due to the fall of Man in the Garden of Eden, all of mankind wrestles between what God commands and intense temptation to violate His commands for selfish, short-term gain that ultimately result in curses in our lives.

Today we are going to focus on the fifth through seventh commandments.

**5. "Honor Your Father and Mother. Then you will live a long, full life in the land the Lord your God is giving you."**

This commandment is not only a directive for respect and gratitude but also carries the promise of long life.

Even if we have experienced a traumatic childhood environment, we can choose to be thankful our parents gave us life. Your life is very significant to God and He has a unique assignment for each of us to fulfill.

**6. You Must Not Murder**

The commandment, “You must not murder,” reminds us of the sanctity of life. Respecting this commandment means upholding the value of every person’s life, pursuing peace, and rejecting violence in all its forms.

## **7. You Must Not Commit Adultery**

Calls us to remain faithful in our relationships, preserving trust and integrity within families, businesses and communities.

## **How do we Live Out the Ten Commandments?**

Honoring the commandments is not always easy. Temptations and challenges arise every day.

Our struggle comes not from misunderstanding, but from the daily choices we make between obedience and temptation. Sin always takes you further than you want to go, keeps you longer than you want to stay and always costs you abundantly more than you ever want to pay.

Victory over temptation is only possible and sustainable when we:

Seek God FIRST in every aspect of our lives.

And, maintain fellowship with a strong Christian community that will hold us accountable to the WORD.