

**5 Minutes on Faith**  
**DUMP YOUR BAGGAGE!**  
**Episode #130**

**Friday, October 11, 2024**

**DO NOT GO BACK!**  
**IT IS TIME TO FORGET THE PAST!**

Philippians 3:13-14 NLT” I focus on this one thing: Forgetting the past and looking forward to what lies ahead, I press on to reach the end of the race and receive the heavenly prize for which God, through Jesus Christ, is calling us.”

**Forget:** to lose the remembrance of, to dismiss from the mind.

Jesus is calling us to:

HEB 6:1 “...stop going over the basic teachings about Christ again and again. Let us go on instead and become mature in our understanding. Surely we don't need to start again with the fundamental importance of repenting from evil deeds<sup>[a]</sup> and placing our faith in God.

LUKE:9:60, 62

But Jesus told him, “Let the spiritually dead bury their own dead! Your duty is to go and preach about the Kingdom of God.... But Jesus told him, “Anyone who puts a hand to the plow and then looks back is not fit for the Kingdom of God.”