

**Change Your Words, Change Your World!**  
**Are You Serious? Censure Your Own Heart!**  
**Episode #238**

Thursday, December 11, 2025

**#Heart #Truth # Freedom #Jesus**

**Censure:** (noun) The act of blaming or finding fault and condemning as wrong; applicable to the moral conduct, or to the works of men. (Verb) To find fault with and condemn as wrong:

**Proverbs 6:16-19** <sup>16</sup> There are six things the LORD hates— no, **seven things he detests:** <sup>17</sup> **haughty eyes, a lying tongue, hands that kill the innocent,** <sup>18</sup> **a heart that plots evil, feet that race to do wrong,** <sup>19</sup> **a false witness who pours out lies, a person who sows discord in a family.**

**Psalm 139:23-24** <sup>23</sup> Search me, O God, and know my heart; test me and know my anxious thoughts. <sup>24</sup> Point out anything in me that offends you and lead me along the path of everlasting life.

**Jeremiah 17:10** But I, the LORD, search all hearts and examine secret motives. I give all people their due rewards, according to what their actions deserve."

**Acts 3:19-20** <sup>19</sup> Now repent of your sins and turn to God, so that your sins may be wiped away. <sup>20</sup> Then times of refreshment will come from the presence of the Lord, and he will again send you Jesus, your appointed Messiah.