

**5 Minutes on Faith**  
**Finish Strong in 2024 - Day 6**  
**Episode #154**

Saturday, December 7, 2024

**Skill Acceleration**

Proverbs 22:29 “Do you see someone skilled in their work? They will serve before kings.”

Romans 12:2 “Do not be conformed to this world but be transformed by the renewing of your mind.”

Question: Where will my life be in 5 years if I do not make any changes?

Our future will be determined by how we invest ourselves in the following 5 areas:

1. The people we associate with who ultimately influence our thinking.
2. The books we read to develop our knowledge, understanding and wisdom.
3. The skills we develop to enhance our ability to engage in new opportunities
4. The physical exercise we maintain to remain strong
5. The food we eat to support our nutritional needs for excellent health.

**WHERE THE MIND GOES THE MAN FOLLOWS!**