

5 Minutes on Faith
Take Every Thought Captive!
Do not be deceived by the words of the world!
Episode #203

Friday, August 15, 2025

2 Corinthians 10:5 “We demolish arguments and every pretension that sets itself up against the knowledge of God, and we take captive every thought to make it obedient to Christ.”

According to Dr. Caroline Leaf, Neuro Scientist: We have the ability to take our thoughts captive every ten seconds, six times a minute!

God designed us to control our thoughts and minds. We cannot allow our minds to succumb to the banter and rhetoric of the world.

The barrage of the media, both conservative and liberal, are spewing contentious messages to stir up strife and cause a deeper division in our nation.

We must not allow ourselves to be entrapped and misled. Take every thought captive and ask the LORD what the truth is. Seek Him first and all things and information we need to make righteous and just decisions will be added to us.