

**Change Your Words, Change Your World!**  
**How To Keep Yourself Out of Trouble!**  
**Episode #205**

Tuesday, August 19, 2025

Words impact every aspect of our life. Words create and words destroy. If we want to live a quiet and peaceful life, we need to learn how to harness our tongues. And remember the old saying: less is more.

Prov 10:19 Too much talk leads to sin. Be sensible and keep your mouth shut.

Prov 17:27 A truly wise person uses few words; a person with understanding is even-tempered

Proverbs 21:23 “Whoever keeps his mouth, and his tongue keeps himself out of trouble.”